NORTHWEST SPECIALTY HOSPITAL

Happy Hiney

Mix equal amounts of the following ingredients in an airtight container:

- Barrier cream (Aquaphor, Desitin, Butt Paste, or A&D)
- Anti-fungal (Monistat, Nystatin, Clotrimazole, or Lotrimin)
- Hydrocortisone 1% ointment
- Maalox or Mylanta liquid (avoid mint)

Apply to diaper area four times daily until rash clears. Best to leave diaper off/open to air a few times per day.

NORTHWEST PEDIATRICS

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